

How do I get fitted for contact lenses?

The fitting process involves assessing your vision requirement and making measurements of your eyes to determine trials that will meet your needs. You will take the trial contacts home to evaluate the vision and comfort. After a trial period of 1-2 weeks you will return to the office for a follow up visit, during which the doctor will further evaluate how the lenses have worked for you and if any change to the lenses needs to be made. A few follow up visits might be needed to finalize your prescription. We want to fit you into the best lenses for you to achieve optimum vision, comfort and eye health.

Follow up appointment and yearly exam is very important.

In most cases, you need follow up appointments to test drive the trial lenses to see if they work for you. The doctor also needs to assess your eye health to ensure long term safety and success. You need to return for such visits before a finalized prescription can be released. Remember to wear your contacts for at least 4 hours before your appointment because many problems do not show up if you just had the contacts on for a short time.

Yearly exam to monitor eye health is especially important for contact lens wearers. Eyes change with time. Contacts lenses good for you now might not be appropriate the next year.

Contact lens fees (new fit, re-fit, and evaluation)

A professional fee is charged depending on the complexity of your prescription, number of trials needed and time spent with you to reach the final prescription. Our staff will explain to you in detail. All contact lens related professional fees are non-refundable. Any missed follow-up appointment without prior notification will be charged. Should duplicated trials needed to be dispensed in order to complete the fitting process, a fee will be charged.

Contact lens handling and care

If you are a first time wearer, you will be instructed how to insert and remove your contact lenses.

It is very important to use the proper solutions for your eyes and the type of contact lenses prescribed to you. Do not switch brands unless instructed by your doctor. Different brands contain different cleaning agent and preservatives that might not be suitable for you. Use fresh solution every day for disinfection. Clean and air-dry your contact lens case everyday as your case is a common breeding ground for bacteria. Take care of your contacts properly. You will be rewarded with healthy comfortable wear for years to come.

Contact lens replacement schedule

Not changing your contacts as prescribed does not save you money. It only costs you more time and money to undo the damages. Problems resulting from over wear your contacts can include discomfort, redness, irritation, allergic reaction, and even infections which can permanently damage your vision.

Medical eye care related to contact lens wear

Should complications arise and you need medical eye care, you are responsible for the office visits. As a courtesy, we will bill your health care insurance (not your vision insurance) for such services if it is covered.

Emergency supply of Contacts

Purchasing a year supply of contacts is highly recommended. This will reduce your tendency to over wear you contacts. Many manufactures offer rebates on one-year supply of contacts. Please ask us about it.

If you contact lens prescription has not expired and you run out of contacts, we will try our best to provide you a pair of contacts for temporary use while your new supply is being ordered. There will be a fee for this service.

If your contact lens prescription has expired, an appointment for contact lens exam and evaluation must be scheduled at your earliest convenience and the exam fees must be prepaid to receive emergency contacts.

Back-up Glasses

You may choose contacts to be your main forms of visual correction. However, a pair of back-up glasses is highly recommended. There will always be times when contact lens wear is not comfortable. And forcing yourself to wear contacts at theses times will damage your eyes. We provide a 20% off on a complete pair of glasses for contact lens wearers. Or you can choose our frame and lens special packages.

Your Contact lens Prescription

Your contact lens prescription will be released to you after it has been finalized. Your prescription is valid for one year. If you choose to take it elsewhere to fill, please verify what you get is what is written on the prescription. A small percentage of patients choose to purchase their contacts over the Internet. Additional staff time is required to handle such prescription verifications. To keep our fee low for other patients, we do charge a \$10 fee for Internet prescription verification.

Contact lenses are classified as medical devices by the FDA and have the potential to harm your eyes and/or result in complete vision loss. Do not sleep in your contact lenses unless instructed to do so by your doctor. Do not swim in your contacts. Do not wear your contacts if the contacts are torn or damaged. Do not wear your contacts if your eyes are irritated.

I have read and understood the above. I have received instruction on the care and use of my contact lenses. I understand that I must return to the doctor for follow-up appointments when required by my doctor. I have been informed of the necessity for yearly examinations to monitor my eye health. It is my understanding that non-compliance with my doctor's instruction, improper use and care of contact lenses can cause irritation, infections, corneal injury and vision loss. I may not hold the doctor, the dispenser, or the contact lens manufacturer responsible for such damages.

Patient's or Guardian's signature:

Date: _____